Retiree Update

Providing Information to Retirees of the State and County Plans

Nebraska Retirement Systems

December 2003

Review Your Tax Withholding

Once each year federal law requires the Nebraska Public Employees Retirement Systems (NPERS) to remind you, as a benefit recipient, of your ongoing right to start, stop or change the tax withholding from your retirement benefit.

You are not required to have income tax withheld from your monthly benefit. However, if your estimated tax payments or withholding amounts fall short of your tax liability, the Internal Revenue Service may assess interest or penalty charges. No action is necessary if your present tax authorization still fits your needs.

If you want to make a change, complete the "request form" below to obtain withholding forms and instructions from NPERS. If you have questions, please call **402-471-2053** or toll-free **800-245-5712**.

2004 Benefit Payment Schedule

If you have your monthly payment deposited directly with your bank, the following is a month by month schedule of the date payment will be made to the bank in the year 2004:

January 15	July 15
February 17	August 16
March 15	September 15
April 15	October 15
May 17	November 15
June 15	December 15

For those of you who receive your check by mail, your payment will be mailed by the payment date.



City, State, Zip

Are You Moving?

If your address changes, please notify NPERS as soon as possible so your benefit information can reach you quickly.

Why Stress? – Direct Deposit!

Did you know that along with dis-

tress (the bad kind of stress), there is also a good kind called "eustress" (you stress)? "Eu" means "good" in Greek, and the term defines what happens to the body when it feels mirthful (or the opposite of distress). Like the joyful stress you feel when a son or daughter marries, or your first grandchild arrives.

Retirement benefit checks will be mailed according to the Benefit Payment Schedule shown at the left. An *occasional* problem in processing the checks, due to uncontrollable circumstances, could result in a day or more delay. While a delay may not be a problem for all members, it could create a definite hardship for those with automatic draws on their bank accounts or that have bills due early the next month.

Here's a way to make sure that at least once a month you suffer "eustress" (the good kind!) where your finances are concerned. Sign up for direct deposit to avoid distress caused by late mail, bad weather, a drive to the bank, holidays, vacations, construction or whatever other stressor you can think of, including theft and loss of your check. We're sure once you try it you won't ever go back. It's a free service of NPERS.

Use the attached "Request Form" to request a Direct Deposit Agreement or contact NPERS for details.



Address Change/Request Form

To notify NPERS of a change of address OR to request a form, you may call or use the form below. (Please print) ———————————————————————————————————	
Social Security Number	Federal Tax Withholding Form W-4PNebraska State Tax Withholding Form
Name	☐ Direct Deposit Agreement
Address	Beneficiary Designation Form

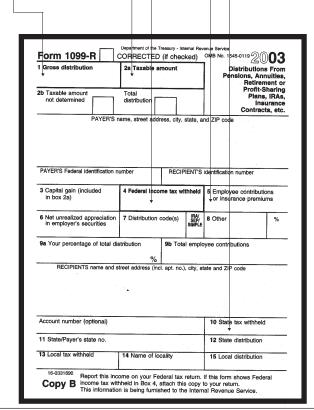
1099-R Tax Statements Coming Soon

Watch your mail in mid to late January for an envelope marked *Important Tax Return Document Enclosed*, which will include benefit information to be filed with your 2003 income tax returns. Each box on the 1099-R is defined on the back of the form. Make sure NPERS has your current address so you receive your 1099-R in a timely fashion.

Questions about individual tax liability should be directed to your accountant, the Internal Revenue Service or your state Department of Revenue.

The following is a brief explanation of your 1099-R form:

- Box 1 shows everything we paid to you in 2003.
- Box 2a is the amount that is taxable to you.
- Box 4 is the amount that was witheld for Federal taxes.
- Box 5 is the amount that is not taxable.
- Box 10 is the amount that was witheld for State taxes.



Share Your Time And Talents!

While most retirees enjoy additional time for outdoor and leisure time activities, the sharing of our life long skills or abilities with others can make retirement more fulfilling. It's been shown that retirees who volunteer and continue to work in some capacity live longer and are happier in their retirement years.



Some activities reported by happy retirees include: helping at a library, teaching cooking skills at a vocational center, piano lessons to children, serving as coordinator for the sheriff's search and rescue team, fund raisers for the Boy Scouts, teaching accounting to owners of small businesses, teaching a second language to others, working at state parks, etc.

What services can you render to your community? Make a positive difference in your life and the lives of others.

Happy New Year!



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